

ESHP Undergraduate Program Sheet

| Name: | | | | | | Z#: | | | |
|--|---|-----------|--|-------|------------|---|-----------|---------|-------|
| University Requirements (see COS Advisor) | | | | | | | | | |
| Gordon Rule: Yes <input type="checkbox"/> No <input type="checkbox"/> | | | Language: Yes <input type="checkbox"/> No <input type="checkbox"/> | | | DEGREE: BS <input type="checkbox"/> BSE ¹ <input type="checkbox"/> | | | |
| Int. Foundat'n: Yes <input type="checkbox"/> No <input type="checkbox"/> | | | | | | | | | |
| Pre-Professional Requirements | | | | | | | | | |
| Semester Taken | Course Title | Course # | Credits | Grade | Substitute | Institution | Advisor | Notes | |
| | Anatomy & Physiology 1 | BSC 2085 | 3 | | | | | | |
| | Anatomy & Physiology 1 Lab | BSC 2085L | 1 | | | | | | |
| | Anatomy & Physiology 2 | BSC 2086 | 3 | | | | | | |
| | Anatomy & Physiology 2 Lab | BSC 2086L | 1 | | | | | | |
| | College Algebra | MAC 1105 | 3 | | | | | | |
| | First Aid & CPR | HSC 2400 | 2 | | | | | | |
| | General Psychology | PSY 1012 | 3 | | | | | | |
| | Activity Class (1) - | PEM/PEN | 1 to 2 | | | | | | |
| | Activity Class (2) - | PEM/PEN | 1 to 2 | | | | | | |
| | General Chemistry | CHM 2045 | 3 | | | | | | |
| | General Chemistry Lab | CHM 2045L | 1 | | | | | | |
| | Inform System Fundamentals | ISM 2000 | 3 | | | | | | |
| | Health & Fitness for Life | HSC 2100 | 2 | | | | | | |
| | Statistics | STA 2023 | 3 | | | | | | |
| Semester 7 | | | | | | | | | |
| | Introduction to ESHP | PET 3102 | 3 | | | | | | |
| | Exercise Physiology | APK 4110 | 3 | | | | | | |
| | Exercise Physiology Lab | APK 4110L | 1 | | | | | | |
| | Perspectives in Health & Wellness | HSC 3102 | 3 | | | | | | |
| | Nutrition in Health & Exercise | PET 3361 | 3 | | | | | | |
| | Elective ² | Varies | 3 | | | | | | |
| Semester 8 | | | | | | | | | |
| | Applications of Training Physiology I | PEP 3192 | 3 | | | | | | |
| | Exercise Physiology 2 | APK 4134 | 2 | | | | | | |
| | Health Promotion | HSC 4581 | 3 | | | | | | |
| | Exercise Testing and Prescription | PET 4550 | 4 | | | | | | |
| | Exercise Testing Lab | PET 4550L | 1 | | | | | | |
| | Elective ² | Varies | 3 | | | | | | |
| Semester 10 | | | | | | | | | |
| | Applications of Training Physiology II ³ | PEP 4138 | 3 | | | | | | |
| | Neurophysiology Hum Mvmnt ³ | PET 3050 | 3 | | | | | | |
| | Biomechanics | PET 4340C | 4 | | | | | | |
| | Elective ² | Varies | 3 | | | | | | |
| | Elective ² | Varies | 3 | | | | | | |
| Semester 11 | | | | | | | | | |
| | Elective or Approved Course ^{2,3} | Varies | 3 | | | | | | |
| | Internship in ESHP ^{4,5,6} | PET 4946 | 9 | | | | | | |
| Approved Elective List (Choose 5 Courses, Minimum of 15 Credit Hours) | | | | | | | | | |
| Semester | Course Title | Course # | Credits | Grade | Semester | Course Title | Course # | Credits | Grade |
| | Bio Principles | BSC 1010 | 3 | | | Genetics | PCB 3063 | 4 | |
| | Biodiversity | BSC 1011 | 3 | | | Ex. Leadership 2 | PEP 3136 | 3 | |
| | General Chem 2 | CHM 2046 | 3 | | | TSAC | PET 4093 | 3 | |
| | Organic Chem 1 | CHM 2210 | 3 | | | Obesity | PET 4263 | 3 | |
| | Organic Chem 2 | CHM 2211 | 3 | | | Kinesiology | PET 4330C | 4 | |
| | Abnormal Psych | CLP 4144 | 3 | | | Mgmt. Principles | PET 4404 | 3 | |
| | Psych of Hum Dev | DEP 3053 | 3 | | | Fitness Assmnt | PET 4551 | 3 | |
| | Medical Term | HSA 3534 | 3 | | | DIS | PET 4905 | 1 - 3 | |
| | Stress Mgmt | HSC 4104 | 3 | | | Special Topics | PET 4930 | 3 | |
| | Sexual Health | HSC 4133 | 3 | | | Practicum | PET 4947 | 3 | |
| | Weight Mgmt | HSC 4139 | 3 | | | College Physics 1 | PHY 2053 | 3 | |
| | Substance Abuse | HSC 4143 | 3 | | | College Physics 2 | PHY 2054 | 3 | |
| | Calculus | MAC 2233 | 3 | | | Sociolog Persp | SYG 1000 | 3 | |
| You MUST Have At least 45 hours between 3000-4000 level to graduate | | | | | | | | | |
| All coursework, including pre-professional requirements, must be completed with a grade of 'C' or higher | | | | | | | | | |
| Notes | | | | | | | | | |
| 1) BSE Degree is no longer being offered to incoming students, you must have started prior to F19 to be eligible for this track. | | | | | | | | | |
| 2) Electives must come from the approved list. | | | | | | | | | |
| 3) These are the courses that can be taken with internship. | | | | | | | | | |
| 4) Only one course can be taken with internship. | | | | | | | | | |
| 5) You must see your COS advisor before applying to internship. | | | | | | | | | |
| 6) Please see the ESHP website for the most current information regarding the internship application process and approved sites. | | | | | | | | | |