

Florida Atlantic University, established in 1961, officially opened its doors in 1964 as the fifth public university in Florida. Today, the University, with an annual economic impact of \$6.3 billion, serves more than 30,000 undergraduate and graduate students at sites throughout its six-county service region in southeast Florida.

MEET THE GRADUATE FACULTY

B. Sue Graves, Ed.D., FACSM, Chair
University of North Carolina–Greensboro

Michael Hall, Ph.D., CHES
University of Tennessee

Chun-Jung Huang, Ph.D.
Virginia Commonwealth University

Tina Penhollow, Ph.D., MCHES
University of Arkansas

Michael Whitehurst, Ed.D., FACSM
University of Georgia

Robert Zoeller, Ph.D.
University of Pittsburgh

Michael Zourdos, Ph.D., CSCS
Florida State University



FLORIDA ATLANTIC UNIVERSITY
College of Education

If you are interested in enrolling at FAU in
Exercise Science and Health Promotion, contact:

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Department of Exercise Science
and Health Promotion

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For information on graduate assistantships,
contact the department at the number above.



Graduate Studies in

Exercise Science & Health Promotion



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PROGRAM OVERVIEW

The Department of Exercise Science and Health Promotion (ESHP) offers an interdisciplinary graduate emphasis in exercise science. Students who successfully complete the recommended course of study will receive the master of science degree (M.S.). The program is designed to prepare students for continued research and doctoral studies or advanced careers in corporate, commercial, clinical and/or community physical fitness and health promotion.

Graduate students are required to have current CPR certification. They are encouraged to take Anatomy & Physiology I & II. Prerequisites for Exercise Science and Health Promotion (ESHP) master's degree students with "non-ESHP" undergraduate degrees require the student to complete some specific undergraduate coursework (up to 19 or 20 hours) before graduate work begins. Contact the ESHP department or graduate coordinator for specifics.

ADMISSION AND PROGRAM REQUIREMENTS

1. Apply for admission to FAU.
2. Complete an interview with the ESHP graduate coordinator.
3. Complete an interview with your assigned ESHP advisor.
4. Be advised by an ESHP faculty advisor for course offerings each semester.
5. Complete all prerequisites with a C or better.

PROGRAMS OF STUDY

1. To be eligible for graduation, the student must:
2. Maintain a 3.0 average or above in all ESHP core courses.
3. Satisfactorily complete all exit assessments.
4. Be recommended for graduation by the faculty of ESHP and the College of Education.

ESHP GRADUATE COURSES

Minimum program consists of (33-40 credit hours)

COMMON CORE

Research and Evaluation	PET 6505	3
Statistical Methods	STA 6113	3
Educational Research	EDF 6481	3

STRENGTH AND CONDITIONING TRACK REQUIRED COURSES (22 credits)

Exercise Science Lab Methods	PET 5521	3
Advanced Exercise Physiology	APK 6111	4
Advanced Sports Nutrition	HUN 6247	3
Human Systems Physiology for ES	PET 6363	3
Strength & Cond. Program Design	PET 5391	3
Functional Biomechanics	PET 6346	3
Practical Applications	PET 5947	3

EXERCISE PHYSIOLOGY TRACK REQUIRED COURSES (16 credits)

Exercise Science Lab Methods	PET 5521	3
Advanced Exercise Physiology	PET 6355	4
Advanced Sports Nutrition	HUN 6247	3
Human Systems Physiology for ES	PET 6363	3
Aging, Decision Making, and Mobility	PET 5077	3

HEALTH PROMOTION TRACK REQUIRED COURSES (12 credits)

Health Behav., Health Ed., and Health Promotion	HSC 6585	3
Needs Assess. and Prog. Plan in Health Promotion	HSC 6248	3
Epidemiological Basis of Health	HSC 6505	3
Personal & Community Health	HSC 5203	3

GRADUATE ELECTIVES*

Comprehensive Concepts Strength & Cond.	PET 5398	3
Health Curriculum in Public Schools	HSC 5317	3
Teaching Health in the Elementary School	HSC 5315	3
Health Promotion	HSC 4581	3
Directed Independent Study	PET 6905	1-3
Entrepreneurship in Health/Fitness Industry	PET 6405	3
Epidemiological Basis of Health	HSC 6505	3
Special Topics	PET 5930	3
Master's Thesis	PET 6971	1-6

* May take courses in other tracks

NOTE: See FAU catalog for course prerequisites.

QUESTIONS AND ANSWERS ABOUT THE ESHP PROGRAM

Q. What will the ESHP master's degree program prepare me to do?

A. The program is designed to prepare students for continued research and doctoral studies or advanced careers in corporate, commercial, clinical and/or community physical fitness and health promotion.

Q. What are my options?

A. We have three tracks to suit one's specific interests: Exercise Physiology, Health Promotion, and Strength and Conditioning.

Q. Why should I receive an ESHP master's degree from FAU?

A. One only has to look at our faculty to realize the type of preparation a graduate student in FAU's ESHP program will receive. Nowhere else in South Florida will you find a group of exercise and health professionals who are more knowledgeable in the field of Exercise Science and Health Promotion.

Q. How long does a master's degree take to complete?

A. On a full-time basis, the ESHP master's degree should take a minimum of four semesters and possibly longer for those who choose extended thesis projects or require prerequisites.

Q. Are graduate assistantships available?

A. Yes, at the present time, 17 assistantships are available. Teaching (aerobics, swimming, swim fitness, jogging, weight training, pilates, first aid and health/fitness for life classes) and research graduate assistantships are available, paying \$11,000+ yearly and tuition reimbursement. Please apply at least six months prior to the beginning of the semester. Assistantships may be available starting each semester. Contact the graduate coordinator (rzoeller@fau.edu) or the chair (sgraves@fau.edu) for specifics.